

## Free educational material about...



www.msb.se/skola

# "A safer society in a changing world" — That is the MSB's vision

A burning candle is forgotten. A winter storm sweeps in. A power cut occurs. Bank accounts are hacked. Poisonous gas is leaking from the factory. We live in a time when society changes rapidly. Suddenly, the unexpected happens — and life, health, the environment, economic value and fundamental services are threatened. Then we must know what to do.

The MSB's task is to develop and support societal and individual abilities to deal with emergencies and crises. We contribute to society being able to prevent incidents and that society is prepared when they happen. When a serious emergency or crisis occurs, we provide support. We also ensure that society learns from incidents that occur. The MSB works with the entire scale of risks, threats and hazards from everyday accidents to national and international crises.

To support the individual in efforts to prevent and manage emergencies and crises is one of our most important tasks. The aim is that individuals should be able to prevent and manage emergencies in home and leisure environments, prepare for and manage one's own situation during serious emergencies and crises. It is important that we all take responsibility for preventing current and future threats and risks.

Read more about the MSB at: www.msb.se/en



### Free educational material

The MSB offers free educational material on the subject of societal and personal safety for all age groups at school. The aim is to increase risk awareness amongst children and youth to develop their knowledge and abilities to manage risks and accidents in everyday life, and also to provide them with knowledge about vulnerabilities and threats in society.

The content of some of the material corresponds to school curricula.

#### The MSB's educational material covers...



#### ...and include student material, teacher guides and in-depth fact sections.

All this educational material can be found on www.msb.se/skola. Most of the material is only available in Swedish.

In addition to the material presented in this folder, there are several instructional films in the various subject packs.



#### Tips!

The MSB also provides tips and advice for teachers on how to increase swimming safety for groups of children. (Order No. MSB427)

Make your order at: www.msb.se/publikationer

## Age group 4-7 years old



#### Ellie and Jonas learn about fire

The educational material consists of a pupil booklet and a guide for the person using the material. The guide also contains in-depth fact sections coupled to the corresponding sections in the material. The booklet is structured like a story. Each section includes pictures that the children can colour in.

The material aims to provide children with basic knowledge about fire. The aim is for children to get out quickly and stay out if there is a fire. They will also learn to be around fire and not to play with it. The material also teaches children how to call the emergency number 112.

The material is only available in Swedish.





## Age group 6–10 years old



#### We learn about fire

The educational material consists of a pupil booklet and a guide for the person using the material. The guide also contains an in-depth fact section. The various sections alternate short texts with exercises. The material is suitable for work in groups as well as alone.

The material aims to provide children with basic knowledge about fire. The aim of the material is that children should have an understanding of how easily fires can develop and what to do if a fire starts. Pupils will also learn about the local fire and rescue service and how to call the emergency number 112.





## Age group 9-13 years old



#### An accident happens so easily

The educational material consists of a pupil booklet and a guide for the person using the material. The guide also contains an in-depth fact section. The various sections alternate short texts with exercises. The material is suitable for work as groups as well as alone.

The material aims to provide children with basic knowledge about fire. It also aims to create a greater awareness and attention in children about other risks and hazards in their daily lives, such as hazardous substances in the home, ice and water, and also and how to call the emergency number 112. The material also addresses the problem of arson.

The material is only available in Swedish.









#### **Web-based Information Security Training**

ISA is an online interactive training course on information security that is primarily aimed at pupils in grades 4 and 5 (10–11 years old). As children and adolescents handle a lot of information, and mostly digitally, the aim of the ISA is to increase the awareness of secure information handling and behavior.

The course is divided into six sections, each section including a film, some scenarios and a teacher's guide. ISA is free, requires no prior knowledge and is easily accessible via the MSB's website. ISA is only available in Swedish.

ISA provides teacher support in its efforts to meet the objectives of secure information handling in accordance with the curricula.



## Age group 12-16 years old



#### Are you aware?

This PDF material is divided into stand-alone chapters, which can be downloaded. Besides pupil material, there is a teacher's guide with tips on discussion questions and exercises and a separate in-depth fact section. The various chapters cover fire theory, arson, prevention and reacting in the event of fire, the emergency number 112, hazardous substances, dangerous goods, fireworks, defence, emergency preparedness, natural disasters, the emergency services, security policy, everyday accidents, water and ice safety and the Important Public Announcement (VMA).

The material is only available in Swedish.















## BLACKOUT

#### Blackout

Blackout is a role-play scenario about society's and the individual's preparedness for a prolonged power cut or blackout. Students from varying family circumstances have to deal with the crisis to satisfy the need for food, water and warmth. The role-play allows students to also think about what decisions must be made for the municipality to be able to take responsibility for its activities even though the community is exposed to severe strain.

A trained role-play leader comes to the classroom and implements Blackout. To get as much as possible out of the role-play there is a simple teacher's guide that can be used before and after the role-play.

The game is designed for both the 12–16 and the 16–19 age groups.



## Age group 16-19 years old



sakerhetspolitik.se

#### www.sakerhetspolitik.se

The website addresses issues related to our common security. The site deals with the subject of threats and risks - to societal security and to peace in the world - and the systems that are in place to prevent wars and crises. This website includes information on how the Swedish civil protection and emergency preparedness systems work and how our Swedish total defence system is structured, as well as descriptions about Swedish civil and military operations around the world including the background to over forty current conflicts.

The material consists, among other things, of factual articles, news reports and interviews. There is also a separate section for teachers.

A digital knowledge quiz, Ice Storm, is available on www.sakerhets-politik.se. With this quiz students can test their knowledge regarding societal preparedness and their own preparedness in the event that Sweden is hit by a crisis.

The website is only avaliable in Swedish. The quiz is avaliable in English at www.sakerhetspolitik.se/icestorm.

SAKERHETS POLITIK,SE



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#### You can reduce the risk of emergencies yourself!

The website www.dinsakerhet.se contains instructional films, checklists, exercises and facts.

The website is aimed at people as individuals and deals with child safety, safety of the elderly, fire safety, hazardous substances in the home, nature's influence, safety during leisure activities and travel, information security, and also about preparedness in the event of an emergency or crisis. The site can also act as a support tool for teachers.

The site is owned and managed by the MSB (Swedish Civil Contingencies Agency).

Contact: redaktionen@dinsakerhet.se



Josefine Öqvist provides tips on how to reduce the risk of injury.



Johan Söderlund, Swedish Lifesaving Society, teaches you how you react in an emergency situation on the ice.

#### Did you know that:

Every year in Sweden about 3,000 people die in accidents, nearly 110,000 are seriously injured and nearly 500,000 receive minor injuries.



This film teaches you how to call the emergency number 112.